



One day. One place. One *you!*

Not sure you realize it, but *you're a big deal!*

That's why **All About Women** makes it easy for you to focus on the things you've been meaning to: stress, kids, job, home, finances, and most of all, your health and happiness.

It's one day, one place where you can:

- Receive over \$200 in health screenings FREE.
- Learn to caulk and weatherstrip, fix a leak, and even install tile.
- Create or update your resume.
- Practice making healthy food choices and sampling them.
- Dance and try yoga.
- Develop a household budget that works for you.
- And *much more!*

All for You. All FREE!



Come experience...

Saturday, May 9

9 a.m.–9 p.m.

Memphis Cook Convention Center

www.AllAboutWomenTN.org

615-383-7122



Memphis Volunteer Coalition

Alpha Kappa Alpha Sorority, Inc., Beta Epsilon Omega Chapter; Alpha Kappa Alpha Sorority, Inc., Phi Lambda Omega Chapter; Bluff City Medical and Pharmaceutical Auxiliaries; Hope Church; Junior League of Memphis; Memphis Medical Society Alliance; Mid-South Medical Group Management Association; National Coalition of 100 Black Women, Inc., Memphis Chapter; The National Council of Negro Women, Memphis Section; New Neighbors; Republican Women of Purpose; Shelby County Democratic Women; Subsidiary, Inc.

