



Mid-South MGMA

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Clinically Integrated Network

HealthChoice, Methodist Le Bonheur Healthcare, and MetroCare Physicians have partnered to deliver highly integrated patient care that will improve patient outcomes and care experiences, while lowering the per capita cost of healthcare.



Populations Served

- 97,000 commercial lives, total spend \$448,140,000
- 19,700 Medicare Shared Saving Track 1, total spend \$236,400,000



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HealthChoice's ACO Strategy

- Data warehouse and analytics platform
- Scorecards for measurement, variation, and accountability
- Patient engagement for well visits, chronic disease management, and transition of care
- Pharmacy analytics and interventions at physician and patient level
- Coding and HRA optimization
- Employer and Payor engagement
- Steerage to lowest cost setting
- Reduce out of network spend
- Post acute and end of life



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ACO Financial Metrics

- Total medical cost, per member per month (pmpm)
- Inpatient visits per 1,000 covered lives
- Average length of stay
- Avoidable ER visits per 1,000 covered lives
- PCP to specialist
- Free standing utilization vs hospital for radiology and ASC
- Drill down to cost by volume and per unit cost
- Adjustments for change in risk



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Quality Focus Areas

- Preventive Health
 - Well Care Immunization
 - Cervical Cancer Screening
 - Colorectal Cancer Screening
 - Chlamydia Screening
- Care Coordination
 - All Cause Readmissions
 - Medication Reconciliation Post Discharge
 - Risk Adjusted Length of Stay
 - ER Escalation Rate
 - C-Section Delivery
 - Early Elective Delivery
- Patient Experience
 - Generic Prescribing Rate
- At Risk Population
 - Diabetes Care
 - CAD Statin Adherence
 - Depression
 - Bronchitis
 - Pharyngitis
 - Low Back Pain
 - URI



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Physician Education

Description	#Claims	PlanPaid	Copay	Cost/Claim
NAPROXEN 500 MG TABLET	326	\$0.00	\$2,855.13	\$0.00
NAPROXEN SOD CR 500 MG TABLET	1	\$2,959.15	\$20.00	\$2,959.15
NAPROXEN SOD ER 500 MG TABLET	5	\$4,785.46	\$60.00	\$957.09
NAPROXEN SODIUM 550 MG TAB	195	\$18,625.97	\$2,020.00	\$95.52

Description	#Claims	PlanPaid	Copay	Cost/Claim
METFORMIN HCL 1,000 MG TABLET	390	0	3,383.63	\$0.00
METFORMIN HCL 500 MG TABLET	623	2.59	4,608.74	\$0.00
METFORMIN HCL 850 MG TABLET	26	0	253.99	\$0.00
METFORMIN ER 1,000 MG OSM-TAB	77	142,203.78	1,160.00	\$1,846.80
METFORMIN HCL ER 1,000 MG TAB	5	46,644.07	100	\$9,328.81
METFORMIN HCL ER 500 MG OSM-TB	17	13,715.66	250	\$806.80

Description	#Claims	PlanPaid	Copay	Cost/Claim
OMEPRAZOLE DR 20 MG CAPSULE	439	3,499.38	6,643.84	\$7.97
OMEPRAZOLE DR 40 MG CAPSULE	968	8,544.87	13,677.75	\$8.83
LANSOPRAZOLE DR 30 MG CAPSULE	121	6,382.63	1,620.00	\$52.75
PANTOPRAZOLE SOD DR 40 MG TAB	640	618.63	7,192.29	\$0.97
DEXILANT DR 60 MG CAPSULE	81	15,543.64	12,968.40	\$191.90
ESOMEPRAZOLE MAG DR 20 MG CAP	14	3,224.81	180	\$230.34
ESOMEPRAZOLE MAG DR 40 MG CAP	318	112,627.49	4,560.00	\$354.17



Population Health Initiatives

TOC Inpatient:						Unable to contact:					
# Enrollments						# Enrollments					
Days to follow up visit	PCP		Specialist		with any follow up visit	Days to follow up visit	PCP		Specialist		with any follow up visit
	# enrollees	% enrollees	# enrollees	% enrollees			# enrollees	% enrollees	# enrollees	% enrollees	
7	50	17%	60	20%	37%	7	12	14%	10	11%	25%
14	71	24%	85	28%	52%	14	21	24%	23	26%	51%
30	113	38%	149	50%	87%	30	34	39%	49	56%	95%

ED post 30 days	# enrollees	% enrollees	ED post 30 days	# enrollees	% enrollees
	30	10.0%		13	14.9%

Readmission Rate post Enroll	Rate	Readmission Rate post Enroll	Rate
	6.0%		16.1%



Lessons Learned

- Data delay from payors
- Population turnover
- Variation in small population can cause large swings in cost
- Reducing ER visits is hard

