

EIGHT KEY PEARLS FOR CONSCIOUS LEADERSHIP

Myra I. Whitney, Founder & CEO

Certified Professional Coach
Certified Energy Leadership Index Master Practitioner (Attitudinal Assessment / Debriefing)
Graduate of Institute of Professional Excellence in Coaching (IPEC)
coachingsolutions, LLC,


VISION

Empowering Leaders for Success




MISSION

To work in confidential partnership with Leaders to achieve their goals.



EMOTIONAL INTELLIGENCE

- Authenticity
- Engaging all of your Employees during meetings seeking their Perspectives
- Connect with others and looks to help them personally and professionally
- Open and Vulnerable with behaviors, conversations, humility
- Practice Strong Listening Skills



HIGH ENERGY RELATIONSHIP

- Develop and Sustain Relationships that will Inspire employees' involvement and investment in the organization's success
- Grow and Nurture Relationships
- Employees Partner for purposes of Professional Growth / Sharing and working on Development Goals Together
- Use the "Multiplier Effect" to create geniuses on your Team to build Leaders and empowers individuals reach potential.(book)



DYNAMIC COMMUNICATION

- The energy behind your message and the core thoughts that drive your thoughts are felt by the Recipient.
- Think of body language, voice tone, volume and Inflection
- Listening is the most important aspect of communication



PERCENTAGE IMPACT UPON THE AUDIENCE

- Words: 7%
- Voice: 38%
- Body Language / Presentation: 55%



PRODUCTIVITY

- Leaders constantly have situations requiring big and small decisions.
- Develop and Measure your Plan against your company's Values / Principles in your culture as you and your Team unites and interacts with others.
- Leaders must Identify and Eliminate obstacles as you Commit to Action with Innovative Breakthrough Solutions.
- Use your ability to see multiples perspectives at once.



PROBLEM SOLVING

- Do you view problems and conflicts as opportunities or problems? What is your perspective?
- Are there recurring themes across the Challenges you face?
- Creating Solutions with a Strategic Approach
- Seek Creative and Innovative Solutions by thinking in Advance and solving Problems before they happen.



INFLUENCING AND INSPIRING OTHERS

- Build a Motivated and Inspired Team
- Create the Vision / focus on the end result
- Create Creativity and Innovation
- Empower Others and allow them to do the work



TIME MANAGEMENT/BALANCE

- How do we view and use the 24 hours given to us? Use your perspective and empowered ability to choose how you see and invest time impacts your success in all aspects of your life.
- Leaders make empowered choices about how to use time as a key ingredient to success.
- Use a Time Log for Actual Time spent on Healthy Activities.
- Healthy Activities must become Your Daily Priorities and Values



HEALTH AND WELLNESS

- Good Healthcare is the last link in your chain to success.
- Wellness encompasses a holistic perspective to mind, body, and spirit.
- Where does Health / Wellness land on your Personal Priority List on your daily calendars?
- Are you a positive Role Model to staff on exercise, rest, relaxation and medical health?





**Thank You for your participation in
Myra's Eight Pearls of Conscious
Leadership**

Coaching2solutions.com
myra@coaching2solutions.com
Office: 800-592-4611
Mobile: 901-626-4611